



# EPSOM BREAKFAST BUFFET

## **BREAD SELECTION**

Rye, Whole-Wheat, White, Brown, Seeded and Low Gl. Assorted Selection of Pastries and Muffins

## **CEREAL SELECTION**

Bran Flakes, Corn Flakes, Rice Crispies, All Bran, Cheerios, Muesli and Weetabix  
All Served with Full or Low Fat Milk

## **YOGURT SELECTION**

Strawberry, Vanilla, Peach, Apricot, Granadilla and Plain Full Fat

## **FRESH FRUITS**

Pineapple, Kiwi, Watermelon, Sweet Melon, Spanspek Melon, Granadillas, Oranges, Grapefruit, Grapes and Fruit Salad

## **POACHED FRUITS**

Pears, Peaches, Apricots, Pineapple and Guavas

## **COLD MEAT SELECTION**

Salami, Smoked Beef, Ham, Pimento Loaf, Olive Loaf and Pastrami

## **FISH SELECTION**

Pickled Fish, Smoked Salmon, Hearing Fillets, Roll Mops and Oysters  
Oysters are only served on Sundays

## **CHEESE SELECTION**

Cheddar, Mozzarella, Smoked Provolone, Blue Cheese, Brie Cheese and Camembert Cheese  
Selection of Jams and Condiments

## **HOT FOOD BUFFET**

Hot Porridge  
Malta Bella  
Flapjack with Assorted Sauces  
Chicken, Beef and Pork Sausages  
Back and Streaky Bacon  
Scrambled, Fried and Poached Eggs  
Omelets with Choice Assorted Fillings  
Savoury Mince, Meatballs  
Smoked Haddock, Kippers  
Hash Browns, Potato Wedges or Rosti  
Calf Livers, Kidneys or Chicken Livers

## **TEA & COFFEE SELECTION**

